

Open Adoption Visit Ideas in Albany

Adoption STAR is a not-for-profit adoption agency in New York, Ohio and Florida. The agency firmly believes that post adoption contact (open adoption), when appropriate, is what's best for all parties involved, especially the children.

Open adoption visits between adoptive families and birth families should be a time to celebrate the adoption journey and create relationships. These visits can be as simple as a picnic in the park or going swimming at a local pool, to theme parks and adventures. Below you will find an extensive list of open adoption visit ideas that have been suggested by Adoption STAR clients and staff members in the Albany area.

This list can be updated regularly, so if you have any suggestions that you do not see on the list, please email michael@adoptionstar.com with the subject "Open Adoption Visit Project" and we will work to add your idea.

Outdoor

- Cruise on the Hudson River
 - o Dutch Apple Cruises offers cruises along the Hudson River. Boat has fully enclosed section as well as a roofless patio.
 - o Phone: (518)463-0220
 - o Website: <http://www.dutchapplecruises.com>
- Walk along the Corning Preserve
 - o Albany, NY

Museum

- Visit the Empire State Mall to see the Museum and to look at the view from the Tower Building – the highest building in Albany
 - o Museum of New York State history and heritage
 - o Phone: (518)474-2418
 - o Location: 222 Madison Avenue, Albany, NY 12230
- Visit the Albany Institute to see Hudson River School paintings and an Egyptian mummy.
 - o Revel in the history and significance of the Albany/Upper Hudson Region.
 - o Phone: (518)463-4478
 - o Location: 125 Washington Ave. Albany, NY 12210
 - o Website: www.albanyinstitute.org

Saratoga – Less than one hour from Albany

Museum

- National Museum of Dance
 - o Only museum in the nation dedicated entirely to dance.
 - o Phone: (518)584-2225
 - o Location: 99 South Broadway Saratoga Springs, NY 12866
 - o Website: www.dancemuseum.org

Outdoor activities

- Congress Park
 - Great place to picnic. Live music, art shows and outdoor festivals in the summer.
 - Location: 315 Broadway Saratoga Springs, NY
 - Website: www.saratoga.com/hotspot_congress-park
- Saratoga Race Track
 - Take kids to see the horses, and let them join the winners circle with horses after the race.
 - Phone: (518)584-6200
 - Location: 267 Union Avenue, Saratoga Springs, NY 12866
 - Website: www.nyra.com/index_saratoga

Western Massachusetts (Less than one hour from Albany)

Museums

Basketball Hall of Fame (Springfield, MA)

- interactive displays of the history of basketball.
 - Phone: (413)781-6500
 - Location: 1000 West Columbus Avenue Springfield, MA 01105
 - Website: www.hoophall.com

Shopping

- Lee Premium Outlets Mall
 - Phone: (413)243-8186
 - Location: 17 Premium Outlets Boulevard Lee, MA 01238
 - Website: <http://www.premiumoutlets.com>